

# Speak Smart in 30 Days – English

## Communication Plan for Tamil Speakers

*(Build fluency, confidence & real-life English skills step by step)*

Thanks! I'll now help you create a fully unique 30-day English communication plan with your branding style. It will be different from the original content but cover all key skills like vocabulary, listening, speaking, writing, and fluency. I'll also include useful sections like "Additional Tips for Success."

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### WEEK 1: Breaking the Fear – Start Speaking, Start Winning

#### **Day 1: Break the Ice – Talk About You**

**Activity:** Write & speak 5 lines about yourself. Name, hometown, favorite food, hobby, dream job.

**Goal:** Start using English without fear.

#### **Day 2: My Daily Routine in English**

**Activity:** Write your routine in simple English. Then speak it aloud.

**Goal:** Practice basic structure and familiar actions.

#### **Day 3: English from What You Love**

**Activity:** Watch an English song/movie clip. Write 5 English sentences from it.

**Goal:** Enjoy English & learn naturally.

#### **Day 4: 15 Must-Know Words at Home**

**Activity:** Learn and use English words around your house (e.g., curtain, switch, bottle).

**Goal:** Build visual memory of daily-use vocabulary.

#### **Day 5: Speak to the Mirror (1 Minute)**

**Activity:** Choose a topic (e.g., my college, my favorite dish) and talk to the mirror.

**Goal:** Build speaking fluency and confidence.



### **Day 6: Tamil Sentence → English**

**Activity:** Take 5 sentences in Tamil and try to say them in English (e.g., “Naan saapittu vandhen” → “I had my food.”)

**Goal:** Learn real-time sentence conversion.

### **Day 7: Record & Review**

**Activity:** Record a 2-minute talk about your week. Listen & note where you can improve.

**Goal:** Self-assess pronunciation and sentence flow.

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## **WEEK 2: Strengthen Vocabulary + Listening Skills**

### **Day 8: Topic-based Words – “Food & Kitchen”**

**Activity:** Learn 10 new words + use them in a short paragraph.

**Goal:** Build topic-specific vocabulary.

### **Day 9: Follow a Native Accent (Shadowing)**

**Activity:** Watch a native speaker for 2 mins, pause, and mimic their lines.

**Goal:** Improve pronunciation and flow.

### **Day 10: Speak About a Friend or Family Member**

**Activity:** Describe someone you know in English. Talk about their habits and nature.

**Goal:** Learn adjective usage and descriptive language.

### **Day 11: Common Phrases Challenge**

**Activity:** Practice 10 daily-use phrases like “Excuse me”, “I’m not sure”, “Let’s go”.

**Goal:** Sound more natural and fluent.

### **Day 12: Watch a Short Movie Clip Without Subtitles**

**Activity:** Watch, pause, and describe what you understood in English.

**Goal:** Boost listening + comprehension.

### **Day 13: My Dream Job Talk**

**Activity:** Prepare a 2-min talk: “What is my dream job & why?”

**Goal:** Practice structured speaking.



### **Day 14: Weekly Quiz + Pronunciation Practice**

**Activity:** Quiz yourself on 20 words learned so far. Record tough ones and re-practice.

**Goal:** Check progress and fine-tune clarity.

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## **WEEK 3: Improve Fluency & Public Speaking**

### **Day 15: Story Telling – Your Own Experience**

**Activity:** Tell a real story (funny, sad, inspiring) from your life in English.

**Goal:** Build narrative fluency.

### **Day 16: Learn 5 New Idioms or Phrasal Verbs**

**Activity:** Example: “Break the ice”, “Give up”, “Look forward to”. Use each in a sentence.

**Goal:** Sound expressive and smart.

### **Day 17: Speak Like You Teach**

**Activity:** Pick a topic you know well (e.g., how to cook rice) and explain it in English.

**Goal:** Build teaching-style confidence.

### **Day 18: Speak 5 Minutes Without Notes**

**Activity:** Choose any topic and speak without reading or writing. Record it.

**Goal:** Test real-time thinking in English.

### **Day 19: TED Talk Watch & Learn**

**Activity:** Watch a TED speaker and list 5 new words/phrases they used.

**Goal:** Learn structure and vocabulary from experts.

### **Day 20: Vocabulary Game (Tamil to English)**

**Activity:** Write 10 Tamil words and challenge yourself to write their English equivalents.

**Goal:** Strengthen word recall.

### **Day 21: Speak to a Partner in English Only (15 Minutes)**

**Activity:** Fix a time with a friend and speak only English (topic: your week, your plans).

**Goal:** Practice live interaction.

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## WEEK 4: Real-World English + Confidence Building

### **Day 22: Simulate a Phone Call in English**

**Activity:** Practice a mock call – like calling customer care, friend, teacher.

**Goal:** Prepare for real-life situations.

### **Day 23: Write + Speak – A Formal Email or Letter**

**Activity:** Write an email to your boss or teacher. Then read it out loud.

**Goal:** Improve writing + formal tone.

### **Day 24: Talk About a Festival or Tradition**

**Activity:** Explain a Tamil festival (e.g., Pongal or Deepavali) in English.

**Goal:** Build cultural vocabulary and storytelling.

### **Day 25: Give a Short Presentation**

**Activity:** Choose a topic and present it (like explaining something to a group).

**Goal:** Practice body language and voice modulation.

### **Day 26: Interview Yourself**

**Activity:** Ask 5 common HR questions and answer in English. Record it.

**Goal:** Practice interview scenarios.

### **Day 27: Talk About a News Topic**

**Activity:** Watch an English news clip and summarize it in your words.

**Goal:** Build analytical skills + vocabulary.

### **Day 28: English Challenge – No Tamil for 1 Hour!**

**Activity:** Try to speak, think, and even chat in English only for 1 hour.

**Goal:** Push yourself out of your comfort zone.

### **Day 29: Review + Compare Your Day 1 and Today**

**Activity:** Listen to your Day 1 audio and record a new one. Compare.

**Goal:** Celebrate your improvement.

### **Day 30: Final Speech – My Journey in 30 Days**

**Activity:** Speak for 5 minutes about your full experience.

**Goal:** Show off your progress and boost your confidence.

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## 🌟 Additional Tips for Success:

### ✅ Daily Practice > Perfection

Even 10 minutes daily is better than 1 hour once a week.

### ✅ Record & Listen

Recording your voice is the best mirror — it shows growth and flaws clearly.

### ✅ Mix Tamil & English at First

Start with 50-50 mix. Slowly shift to full English.

### ✅ Talk to Yourself in English

Think aloud while cooking, walking, or relaxing — it builds fluency naturally.

### ✅ Use Free Tools:

- Google Translate (for meanings & pronunciation)
- Grammarly (for writing checks)
- YouTube Channels: BBC Learning English, English Addict with Mr. Steve

### ✅ Don't Fear Mistakes

Every mistake is proof you're learning. Keep going!

[www.careerstn.com](http://www.careerstn.com)

